Three papal bullae issued by Pope Martin V to John of Wheathampstead, Abbot of St Albans; 19 November 1423





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The first dispensed the monastic community from the traditional abstention from meat for the whole of Lent, reducing it to just the period from the Sunday before Ash Wednesday to Easter Sunday together with the vigil of the feast of St Alban.

The second permitted the use of a portable altar at the abbey's London hostel and at the property in Oxford that was used to accommodate student monks.

The third renewed a privilege granted by Pope Boniface VIII (1294-1303) allowing the abbey to lease their properties on annual terms without recourse to papal, Episcopal or other licence.

Source: Clark, J. (2018) John of Wheathampstead; Renaissance Abbot The Fraternity of the Friends of St Albans Abbey